

“Eucharistic missionaries” from all walks of life were also trained through online and in-person resources the initiative made available to teach about Christ and the real presence.

The second year (2023 – July 2024) of the revival is dedicated to fostering eucharistic devotion at the parish level.

The movement will culminate in two major events involving Catholics across the entire country. **In the summer of 2024, thousands are expected to participate in the National Eucharistic Pilgrimage beginning from each corner of the country and ending in Indianapolis for the National Eucharistic Congress July 17–24, 2024.** Pilgrims will collectively carry the eucharistic Lord 6,500 miles, passing through major cities, holy sites, and countryside along the way. It will begin during the feast of Pentecost, May 17–19, 2024, from four origin points: San Francisco in the west; Bemidji, Minnesota, from the north; New Haven, Connecticut, from the east; and Brownsville, Texas, from the south.

All of the faithful are invited to join in for portions of the pilgrimage to walk with the eucharistic Jesus in cities and through the countryside across the nation.

The third and final year (July 2024 – Pentecost 2025), following the National Eucharistic Pilgrimage and Congress, will be dedicated to the Church “going out on mission” to renew the world.

St. Mary’s Parish Dungarvan

June 2024



June 2nd: The Most Holy Body and Blood of Jesus/Corpus Christi’

Prayer before Holy Communion

Lord Jesus,
come to me.
Lord Jesus,
give me your love.
Lord Jesus,
come to me
and give me yourself.
Lord Jesus,
friend of children,
come to me.
Lord Jesus,
you are my Lord
and my God.
Praise to you,
Lord Jesus Christ.

Prayer after Holy Communion

Lord Jesus, I love and adore you.
You’re a special friend to me.
Welcome Lord Jesus,
O welcome, thank you for coming to me.
Thank you Lord Jesus,
O thank you, for giving yourself to me.
Make me strong to show your love,
Wherever I may be.
Be near me, Lord Jesus, I ask you to stay,
Close by me forever and love me, I pray.
Bless all of us children,
in your loving care
and bring us to heaven,
to live with you there.
I’m ready now, Lord Jesus,
to show how much I care.
I’m ready now to give your love,
at home and everywhere. Amen

Sacred Heart Novena, 30 May – 7 June 2024.

Novena Prayer.

Lord Jesus Christ, your heart was moved with love for those who came for help in their need. You healed the sick, you fed the hungry, you forgave sinners, you cried over Jerusalem. Above all, you showed to those who were prepared to listen the way to true life for you are the Way, the Truth and the Life.

Lord, your heart is still moved today by your people and their many needs. Open my heart to bear your word, to accept your love and to respond to your call. In particular, I beg you to grant me the favour I ask, during this Novena (make your request silently), provided that it will contribute to my own eternal good and to the building up of your kingdom of love, peace and justice here on Earth.

Most Sacred Heart of Jesus, I place all my trust in you.

Jesus in Holy Communion, a Gift of Unquestionable Importance. Cardinal Gregory said that he hopes that the Eucharistic revival in the U.S. will lead American Catholics to **“draw closer together as a family of faith around the altar that Christ sets for us.”** “The emphasis on the Real Presence also should generate the next question: **If Christ is really present and I receive him in the Eucharist, what does that demand of me?”** he said. “His Eucharistic presence is a gift of unquestionable importance. **But it’s also a challenge that those of us who dine with him must live like him and have the same values that he expressed in the Gospels as his legacy of faith and love.”**

(Cardinal Wilton Gregory, Archbishop of Washington, in an interview with the Catholic News Agency, Rome, 11th April 2024.)

One day St. Teresa of Avila heard someone say: ‘If only I had lived at the time of Jesus...If only I had seen Jesus...If only I had talked with Jesus...’ To this she responded: ‘But do we not have Jesus in the Eucharist, the living, true and real Jesus’ presence before us? Why look for more?’

Wanted: Catholic Politicians.

‘It is important for the Church at this time to encourage Catholic politicians, condemn abuse of them and empower them with the cohesive vision of Catholic Social teaching. Urgent too, is ongoing faith formation that helps all the baptised appreciate how our faith is called to shape culture and the society we inhabit.

In the words of Pope Francis: **‘An authentic faith – which is never comfortable or completely personal – always involves a deep desire to change the world, to transmit values, to leave this earth somehow better than we found it.’** (The Joy of the Gospel, 183)

(Fr. Billy Swan: The Irish Catholic Newspaper, May 9, 2024. P.40)

Pope Francis Speaks to Young People during a Visit to Venice, April 28th, 2024.

Though speaking specifically to young people, what Pope Francis has to say applies to each one of us.

We are not Digital Profiles, but Children of God.

One can say so many beautiful things to the Lord. Then, pray the Our Father, where the first word is the key to joy. We say "Father" and recognize ourselves as a beloved son or beloved daughter. **Remember that for God, you are not a digital profile, but a child, that you have a Father in heaven and therefore you are a *child of heaven*.....**

The Lord is Always There to Lift us Up.

When you make a mistake and fall, what does the Lord do? He stands there, right next to you and smiles, ready to take your hand and lift you up. This is something beautiful: **He is always there to lift you up.....**

What Matters Most in Life?.... We Are in This Together.

Today we live on quick emotions, momentary sensations, instincts that last for mere moments. Yet, we do not advance far this way. Sporting champions, as well as artists and scientists, show that great achievements are not reached in an instant or all at once. If this is true for sports, art, and culture, it is even truer for what matters most in life.

What matters most in life? Love, faith. And to grow in faith and in love, we must persevere and keep going forward. Instead, here the risk is to leave everything to improvisation: I pray if I feel like it; I go to Mass when I feel like it; I do good if I feel up to it. This does not yield results: we need to persevere, day after day. We must do it *together, because togetherness always helps us go forward.*

Together: “do-it-yourself” does not work in big things. That's why I tell you: don't isolate yourself, but seek others, experience God together, find a group to walk with so you don't grow tired.

Put the Cell Phone (Mobile Phone) Down and Meet People.

You might say, “But around me, everyone is on their own with their cell phone (mobile phone), glued to social media and video games”. **Yet, you must fearlessly go against the current:** take life into your hands, get involved; turn off the TV and open the Gospel – is this too much? **Put the cell phone down and meet people!** The cell phone is very useful, to communicate, it is useful, but be careful when the cell phone prevents you from meeting people. You can use the cell phone, that's fine; but meet people. **You know what an embrace, a kiss, a handshake is: people. Do not forget this: use the cell phone but meet people.**

National Eucharistic Revival in the United States (2022 – 2025)

The National Eucharistic Revival is a three-year initiative by the U.S. bishops that aims to inspire, educate, and unite the faithful in a more intimate relationship with Jesus in the Eucharist.

In a society where the Lord is often forgotten and even a majority of Catholics do not believe in the real presence of Christ in the Eucharist, the revival is meant to rededicate the entire nation to the eucharistic Jesus.

The U.S. bishops hope to change the lives of Catholics and non-Catholics alike through a series of Eucharist-centric events including Eucharistic pilgrimages across the nation and a National Eucharistic Congress in 2024.

As the campaign organizers say on the revival's website, those **who** have been “healed, converted, formed, and unified” by the Eucharist have a mission to teach others “for the life of the world.” This is what the National Eucharistic Revival envisions for the future of this movement.

Why are the U.S. bishops doing this?

According to **Pew Research Center**, **only 31% of Catholics believe in the real presence of Christ in the Eucharist.** It is up to that 31% to spread the truth to all. As the revival website says: “We all need healing, yet many of us are separated from the very source of our strength. Jesus Christ invites us to return to the source and summit of our faith — his real presence in the holy Eucharist.”

What has happened so far?

Everything started with widespread eucharistic adoration and processions across the country on the solemnity of Corpus Christi 2022.

The first year (2022 – 2023) of the revival focused on diocesan renewal. Individual dioceses across the country offered events to promote and inspire understanding of the Eucharist.