

#### 19 MAY 2024 | VOL.IV ISSUE 19

Diocese of Waterford & Lismore

Celebrating and supporting faith, hope and love in the heart of the family!

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"TO THE HEIGHTS" YOUTH EDITION AVAILABLE ALSO

## **Sunday Mass Readings**

**First Reading:** Acts 2:1-11 **Responsorial Psalm:** Psalm 103(104):1,24,29-31,34

Second Reading: Galatians 5:16-2

**Gospel:** John 15:26-27,16:12-15

"But when the Spirit of truth comes he will lead you to the complete truth..."



Pentecost, El Greco, Public domain, via Wikimedia Commons

# Hear

Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings online <u>here</u>.

Check out *this video* on the readings for children.

## Pray

In the readings today we hear the story of Pentecost and Jesus' promise of what the Holy Spirit will do.

- What is God saying to you through this piece of Scripture? How do these words resonate with you personally?
- At Mass on Pentecost Sunday (and its octave) a special prayer called the "Sequence" is prayed or sung just before the Gospel. The Sequence is a beautiful and ancient prayer to the Holy Spirit that dates back to the thirteenth century.
- Take some time this weekend to pray <u>the</u> <u>Sequence</u> and meditate on each line. Does one verse stand out to you? Is there a word or an image of the Holy Spirit from the Sequence that you particularly like? Ask yourself why. Does it remind of you something in your life? Does it console you?

# Talk

In today's readings we hear about the Holy Spirit coming to the Apostles at Pentecost, and how they were filled with courage and joy!

- How do you celebrate birthdays in your family? How do you mark important occasions? Today we celebrate the birthday of the Church! The Church is the family of God, so we should celebrate this too!
- Families don't always get on together, sometimes we have to ask for forgiveness. Jesus spoke about this in the Gospel today. Is there anything you need to ask for forgiveness for in your family today? Saying sorry and trying to make amends is a great way to celebrate the Feastday!
- Why not pray the third glorious mystery for your family: *the Descent of the Holy Spirit!*

# Family Challenge!

Celebrate Pentecost as a family! Check out this article from Aleteia for 8 great ideas to do as a family to celebrate the birthday of the Church and the coming of the Holy Spirit at Pentecost! <u>https://aleteia.org/2019/06/09/8-creative-ways-</u> to-celebrate-pentecost-as-a-family/

Print the attached bunting to hang up too!

#### **BREATH OF GOD**

The season of Easter concludes with today's celebration, the feast of Pentecost. On Pentecost we celebrate the descent of the Holy Spirit upon the apostles gathered in the upper room in Jerusalem; this event marks the beginning of the Church. The story of Pentecost is found in the Acts of the Apostles, today's first reading. The account in today's Gospel, John 20:19-23, also recounts how Jesus gave the gift of the Holy Spirit to his disciples. Yet the event in John's Gospel takes place on Easter Sunday. There is no need to try to reconcile these two accounts. It is to we know that after his death, Jesus fulfilled his promise to send to his disciples a helper, an Advocate, who would enable them to be his witnesses throughout the world.

In the context of the feast of Pentecost, John 20:19-23 reminds us about the integral connection between the gifts of peace and forgiveness and the action of the Holy Spirit. Jesus greets his disciples with the gift of peace. Jesus then commissions his disciples to continue the work that he has begun: "As the Father has sent me, so I send you." He breathes the Holy Spirit upon the disciples and sends them to continue his work of reconciliation through the forgiveness of sins. Jesus' act of breathing the Holy Spirit upon the apostles mirrors God's act of breathing life into Adam. In fact, both the Greek and Hebrew words for "spirit" can also be translated as "breath." This Gospel reminds us that the Church is called to be a reconciling presence in the world. The reconciling presence of Christ is celebrated in the Church's sacramental life. In the Sacrament of Baptism, we are cleansed of sin and become a new creation in Christ. In the Sacrament of Penance, the Church celebrates the mercy of God through the forgiveness of sins. This reconciling presence is also to be a way of life for Christians. In situations of conflict, we are to be agents of peace and harmony among people.



## Loyola Press: Sunday Connection CAMP CREIDEAMH: 9 - 15 JUNF

A one week (6 nights), stay-on-site, full-board camp for teenagers. Fun, friendship and growing in faith. The camp activities include Mass, prayer, catechesis, various sports, hillwalking, music, quizzes, movies, etc. Camp Creideamh seeks to foster Catholic identity and is fully committed to the teachings of the Catholic Church. The camp will feature daily Mass and daily recitation of the Most r Roche on 066 9972399 camp creideamh.ie Holy Rosary. The camp has a beautiful chapel on site. For more info: https://campcreideamh.ie/



### HOLY SPIRIT COURAGEI

What an incredible journey the Apostles were on nee Holy Week! Palm Sunday and Jesus' triumphant entry in Jérusalem, swiftly followed by His arrest, torture and death on the Cross: all seemed hopeless. Then within days, lesus had risen from the dead and walked among them once more! 40 days of appearances as He continued to teach and strengthen their faith, and then He was gone at the Ascension, promising to send them the Advocate. They gathered fearfully in the Upper Room on the eve of the feast of Pentecost, until they were filled with power from on high and a courage so intense it drove them immediately to the streets of Jerusalem, proclaiming the Good News without any fear of arrest or persecution! This same courage continued to guide their ministry even to a martyr's death for all bar John, who died later in prison. This same courage ensured that the Church was founded, and continues to this day. This same courage is available to all believers through the power of the Holy Spirit. Imagine what your life could be like if you opened your heart fully to the guidance of the Holy Spirit. Imagine all those fruits of the Spirit made manifest in your life! Ask the Holy Spirit to come to you and fill you anew!

#### Choose one of the following to celebrate the Holy Spirit / Pentecost this week:

- Intentionally pray the Come Holy Spirit prayer each day Wear the colour red to remind you of the Holy Spirit's fire/love.
- Find out your baptism/confirmation date and mark them on your calendar to celebrate them!
- Celebrate Pentecost & the Church's birthday with cake! Help to renew the face of the earth: be a witness to your 'faith in some way this week!
- Pentecost in 2 Minutes (Busted Halo) Consuming Fire (Hillsong)
- To the Heights Youth Resource also available

**Family Prayer** 

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

## EVENTS

Pentecost Family Day: Sunday 19th May Glencomeragh House, Kilsheelan, Co. Tipperary E91H584. 10am - 3pm. Donation only. Booking is essential.

Enlighten for young adults aged 18 - 35: Rosary, Lectio Divina, Adoration & Tea! Sisters of Mary Morning Star, Wadding House, Lady's Lane, Waterford. Friday 24th May

Diocesan Corpus Christi Procession: Thursday May 30th, Ballybricken Green to the Cathedral of the Most Holy Trinity. (Meeting at Ballybricken Green at 6:30pm)

Encounter for young adults aged 18 - 35: St John's Church, Parnell St. Waterford, Fri 31st May at 8pm. Talk, Adoration, Music followed by Pizza!

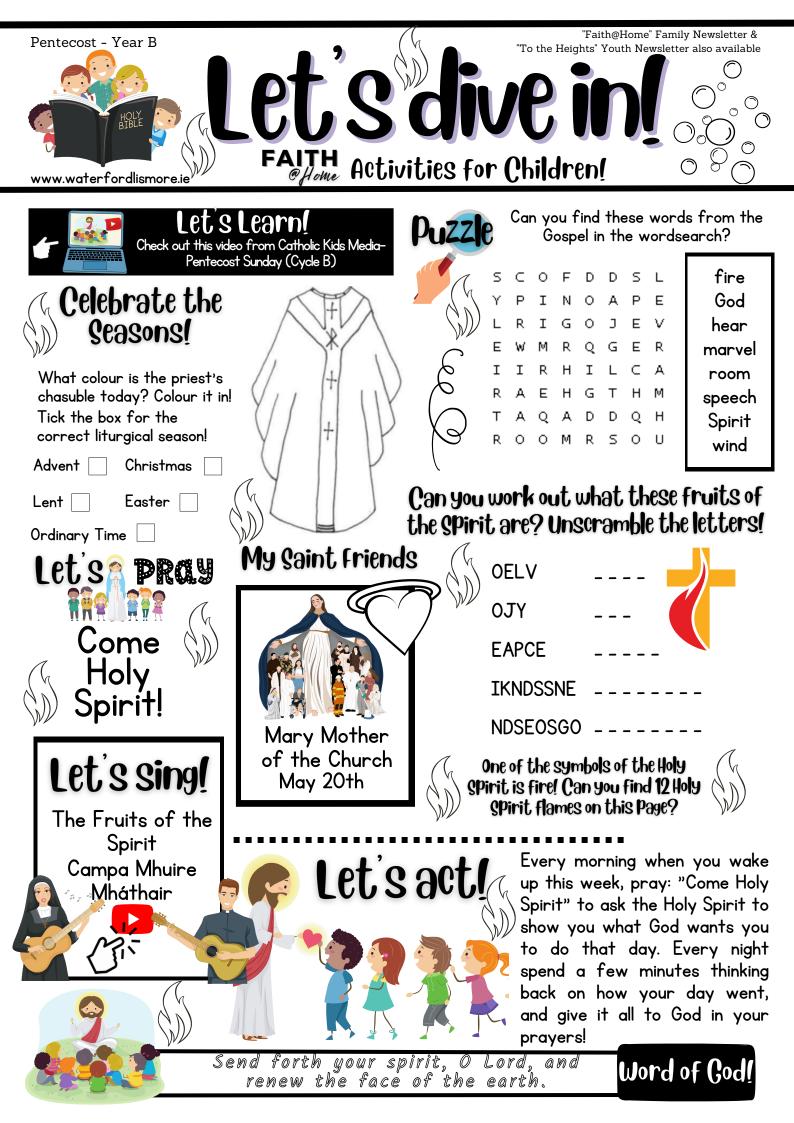
#### Have you subscribed yet to our Diocesan newsletters and events bulletin? Receive them direct to your inbox! Click the Subscribe Button OR go to www.waterfordlismore.ie/resources

Faith@Home / Let's Dive In Newsletters (faithathome@waterfordlismore.ie) WEEKLY

- To the Heights Youth Newsletter (youthministry@waterfordlismore.ie)
- Check it Out! Diocesan Events Bulletin (events@waterfordlismore.ie)

WEEKLY FORTNIGHTLY





Let's Dive In! www.waterfordlismore.ie





### Pentecost Bunting - page I of 3

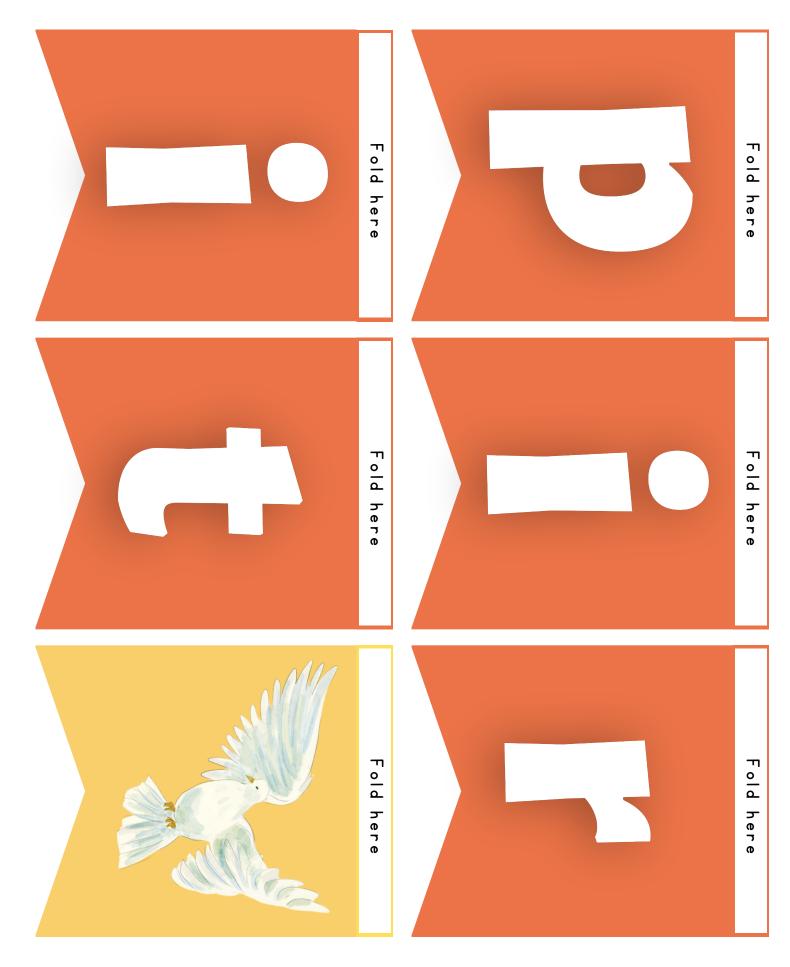


Cut out bunting shapes, fold over tabs and stick to string / ribbon PAGE 8 - ASCEND YOUTH & YOUNG ADULT MINISTRY (DIOCESE OF WATERFORD & LISMORE) -

#### Pentecost Bunting - page 2 of 3



Cut out bunting shapes, fold over tabs and stick to string / ribbon PAGE 9 - ASCEND YOUTH & YOUNG ADULT MINISTRY (DIOCESE OF WATERFORD & LISMORE) - Pentecost Bunting - page 3 of 3



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