

## Sunday Mass Readings

First Reading:

Isaiah 62:1-5

**Responsorial Psalm:** 

Psalm 95(96):1-3, 7-10

Second Reading:

1 Corinthians 12:4-11

Gospel: John 2:1-11





Grab your Bible and look up the Gospel reading. Don't have one? No worries, you can find this week's readings online HERE.

In the Gospel today we hear the familiar story the wedding feast at Cana, and the beautiful relationship between Jesus and Mary.

Take some time to reflect on the key message of this week's Gospel. Think about the following:

- What is the Holy Spirit saying to you through this piece of Scripture? How do these words resonate with you personally?
- Notice how quickly Mary spotted the difficulty for the couple. Running out of wine would be a huge embarrassment for them. She cared, she saw, she acted with a mother's heart. How is my relationship with Mary? Do I allow her to be a mother to me? What area of my life would she bring to Jesus right now?
- Meditate on this as you pray the second Luminous mystery, the Wedding Feast at Cana.



Mother Mary, teach us how to always be open to the promptings of the Spirit and to whatever Jesus asks of us. Let us hear your voice saying, "Do whatever He tells you", and act decisively, trusting in His plan for our lives. Amen

Today's Gospel is seen as the third Epiphany - Jesus manifesting His divinity to His disciples. Discuss the following as a family:

- Has your family ever entertained guests? What kind of preparations did you have to make? What kind of food and drink was served? Who welcomed people and chatted to them? Who cleaned up afterwards?
- Have you ever attended a wedding? What kind of preparations are needed for that?
- What went wrong at the Wedding at Cana that could have caused big problems for the couple? Weddings back then lasted for days by the way! Mary noticed the problem and went straight to Jesus. Did she know exactly what He was going to do? Probably not, but she trusted Him!
- Do we always go to Jesus when we have problems? Do we give up if things seem too difficult? Let's learn from Mary!

# Family Challenge!



Make a poster with the phrase "To Jesus through Mary" and hang it up somewhere everyone will see it this week. Whenever someone has a difficulty, remind them what to do!

## DO WHATEVER HE TELLS YOU

After a busy Christmas season, we find ourselves, in our own lives and in Church liturgy, back in Ordinary Time. However, there is nothing ordinary in our walk with Jesus. The Church gives us this season of growth (symbolised by the green vestments the priest now wears), to reflect on the life and ministry of Jesus as a time to deepen our faith and discover more and more who this Jesus

The wedding feast at Cana is a familiar story, but let's stop to reflect on some details. Jesus works His first miracle in the heart of a family, at a wedding. Jesus wants to be at the heart of our families too. In Jewish culture, weddings lasted for several days, and to run out of wine so early would ruin the reputation of the couple, and the scandal would haunt them for the rest of their married lives.

With this in mind, let's ask ourselves:

- Who noticed the problem, even before the couple themselves did?
- Who went straight to Jesus?
- Who trusted implicitly that Jesus could and would help them?
- Who told the servants to obey: "Do whatever He tells you."

Mary. Mary, the greatest intercessor and most loving Mother, who is always caring, always watching, always noticing. Maybe we find ourselves running on empty after Christmas; maybe our New Year's Resolutions have already fallen flat; maybe we find ourselves facing all the same struggles and difficulties every morning, even seemingly impossible tasks, and we do not know where to turn or how to begin to face them. Remember that Mary has already noticed. In the apparition at Rue de Bac, St Catherine Labouré noticed that not all the jewels on Our Lady's rings we radiating light and she questioned her about this. Our Lady explained that the light which emanated from some of the jewels symbolised the graces that people asked her for, but many people did not ask for her help or intercession, and so some of the jewels remained unlit.

In our lives too, Our Lady will always intercede for us. No problem is too small or great to escape her notice. Let's make sure she's always a welcome guest in our homes. Not only that, but Jesus showed in this Gospel that His generous heart will not just provide the bare minimum for our needs, but abundantly more than we could ever require, if we just allow Him to work in our lives. "Do whatever He tells you."



The story of the Wedding Feast at Cana might seem like a simple miracle at first, but digging through the details teaches us a lot Jesus worked His first miracle at a wedding, in the heart of a family. That's significant, as families have a special place in the heart of God. Jesus was asked to work this miracle by His Mother Mary. It was her intercession that highlighted the couple's need. We can always go to Mary with our prayers and ask for her intercession too! She asked the servants to do whatever Jesus told them, because she had full faith in His power (just as she herself said yes to being the Mother of God at the Annunciation, and was always obedient to God's will). Jesus' apparent hesitation was not because He didn't want to help the couple out of an embarrassing situation Rather, this would be the first miracle He had worked and would in effect be announcing His mission as Messiah His "Hour" refers to His passion, death and resurrection. Once His mission was announced, His journey towards Jerusalem and His passion would begin, both for Jesus and also for His Mother, so this decision at Cana was a significant one. This week, try to be like Mary, attentive to the needs of others around you. If there are areas where you can help, do so, quietly and humbly, pray for the people you encounter who need help, asking our lady to intercede for them with her Son. Watch - pray - act. In that way you can be a witness to Christ in their lives, maybe in an unseen way. Ask Our Lady to quide you!

🔽 The Wedding Feast at Cana from "The Chosen"

TUNE: Our God - Chris Tomlin

To the Heights Youth Resource also available



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The Chosen Series:

## Jesus Turns Water to Wine (John 2)

Short extract from Season 1 of The Chosen where Jesus changes water to wine at the wedding feast of Cana.

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WEEKLY **FORTNIGHTLY** 

